

NEWSLETTER

Hawaiian Lomilomi Association

AUGUST 2011

'AHA LOMILOMI 2011



**WHERE: AMY GREENWELL GARDENS,
KEALAKEKUA, HI**
(Across from Manago Hotel)

OCTOBER 13-15, 2011

THEME: 'OHANA HUNA

The Age-old Wisdom of **Kaipō Kaneakua**

(Part II)

By Makana Risser Chai

One question Kaipō Kaneakua is often asked is whether non-Hawaiians can truly become lomilomi practitioners.

Uncle Kaipō says, “The western world don’t know how to say no. You try to teach something, they try to find something else. Hard to bring my workshop together to teach people in the western world. Their heart and soul isn’t inside. To teach somebody my way, I would tell them no paper, no pencil, nothing. You come take a walk with me and use your hands. That’s how I learned. People like learn but it’s

hard to teach them because they don’t have their heart and soul in it.”

“Today people cannot learn these things because in those days there was no computer, no hurry up. That’s what’s happening today. They are not calm enough, they are not giving themselves time and patience to understand. It takes a lot of patience. A lot of psychiatrists call me and ask me, they want to see me, when a psychiatrist comes and see me I take them to the beach and tell them to say whatever they want, I’m really listening to the trauma inside, the pitch, the

deepness. I ask them a question, they say, 'You know me!' I take in the odor, I tell them what I see."

"They are so amazed. They want to learn this. I tell them you can't learn this, you have to be patient to understand. You have to have humility. Not just understand the body language or the movement or the fluctuation of the colors. If you have patience enough you don't need imagination, you can see the truth."

"The doctors want to know how I can tell a person got the sickness inside. The unique thing, I learn from smell, hearing, sight, colors, vibrations of the voice, pulse reading. Just looking at a person I can see the movements of the pulse, I can tell if it's normal, beats together or not together, or very fast beat, I can see on a person just by looking at them. These are the things my kupuna taught me. All these different smells I trained for that. Every part of your body has a different smell.

I listen to the vibration of their voice. Each vibration represents a different character of the system: angry, sad, mad, in pain. After the vibration, you turn and look at them, you can see their character. Whatever word they say the body turns into a different shade. When someone is lying, holding angry, get anxiety attack, heart attack. The body shows. In olden days they say your body language says the truth. Great way to study, sit down with all my cousins. I watch all their colors, how much sweat they get on them when they fear, when scared, each character has a different kind of perspiration."

Yet, Uncle Kaipo believes a non-Hawaiian can learn, even today, if they put in the work. He says, "You can learn all I know if your heart is in it." Watch for more articles and information soon on the next newsletter. Look for conference updates as it gets closer to October.

Kupuna Panel: Aunty Mary Fragas, Aunty Nerita Machado, Uncle Donald Kaiahua and Yvonne Kaiahua, Uncle Alva Andrews, Uncle Kalama Makaneole

Kumu: Alan and Antoinette Alapa'i, and more to be announced.

*We invite you too see Kaipo Kaneakua do his healing work, re-unite with all our **Kupuna (elders)** attending our Hawaiian Lomilomi Association 'Aha Lomilomi October 13-15, 2011, at Kona's Amy Greenwell Ethnobotanical Garden. See www.HawaiiLomilomi.com or call the Hawaiian Lomilomi Association President, Haunani Hopkins, at 808-324-7202 email: mapunawaiola@msn.com*

Make your hotel reservations at www.managohotel.com or 808 323-2642

SATURDAY, OCTOBER 15: LOMILOMI FESTIVAL

THE OPEN MARKET LOMILOMI EXPERIENCE:

THE LOMILOMI STYLES OF OUR KAHUNA LOMILOMI 9:00AM TO 2:00PM



Pomaika'i, and Uncle Alva Andrews "Ka Pā Ola" - Waimanalo, O'ahu 808 888-6024



Kumu Haunani Hopkins, Mapuna Wai Ola Massage, 808 324-7202 continuing the traditions of Auntie Margaret Machado

Our Kupuna and Kumu attending the conference will also be available for consultation and treatments on Saturday for a donation which will benefit our youth who want to learn Lomilomi.

**WIKITORIA**
Maori Healing
TRADITIONAL MAORI MASSAGE



**Na Wikitoria Oman, Kaimahi
(Te Arawa, Te Atiawa)**

Traditional Maori Healing Workshop
Perpetuating the Indigenous HealingArts

Traditional Maori Healing, based on the work and teachings of the late Papa Hohepa De La Mere, is an ancient and powerful modality for healing in this millennium.

Course Outline

- Whakawhanaungatanga – introductions, soul purpose, where are you and where do you want to go?
- The Healing Waananga –origins, whakapapa (genealogy), the gift from the ancient ones, twelve heavens, our connection, Mauri, Wairua, Te Ahi Tapu
- Maori Healing Overview- Romiromi, Mirimiri, Haputanga, Fertility, Pure, Kawe mate, Rongoa, Clearing-whare/whenua
- Dis-ease-why do people get unwell ?
- Cellular Memory
- Working in Safety, Working in Neutrality ,Working in the Whatumanawa . What is the Whatumanawa ? Kaupare (ancient prayer, its purpose and dynamics), Takutaku
- Reading the body, Sanctification, HIHA
- Hands on demonstration and practice of Romiromi –Body alignment, Haemata (pressure points), Sequences
- Extraneous energy – how to identify and release

DATES: OCTOBER 17 & 18, 2011, FOLLOWING 'AHA LOMILOMI
9:00AM TO 5:00PM IN KEALAKEKUA, HI Class size limited to 8 students.
TUITION: \$300.00USD for early registration \$350.00USD after August 30, 2011
Please call Haunani Hopkins to register at 808 324-7202
or email at mapunawaiola@msn.com



2010 'Aha Lomilomi "E Lei no au i ko Aloha"

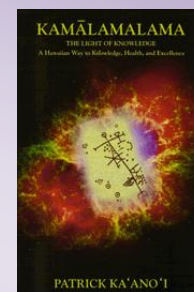
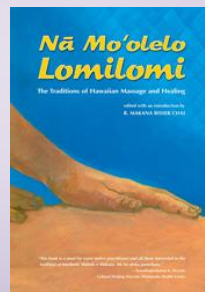
Mahalo to Larry Stephens for your generous donation to support this years 'Aha Lomilomi Kupuna airfare expenses.

This year's conference promises to be another unforgettable experience.

See all soon!



Essential books on Lomilomi and Hawaiian spirituality – discounts for HLA members.



Contact Makana Risser Chai at Makana@HawaiianInsights.com or 808-282-2743



2011 HAWAIIAN LOMILOMI CULTURAL WORKSHOPS

Level I – September 14-16

Level II – August 24-26

Level III -- October 19-20

Maori Healing Workshop: Romiromi October 17 -18 w/ Wiki Oman of New Zealand

Includes: Protocols in Healing 'Oli, Pule, Ho'oponopono, La'au Lapa'au, Lomilomi, Hoe Wa'a, Kanawai no ke ala pono. (Chants, Prayer, Conflict Resolutions, Hawaiian Plants and Uses, Paddling Canoe, Hawaiian cultural principles) And lots of laughter!

Hawaii State Licensing Program 10 Weeks/ 150 hours, Starts March 7 – May 19 , 2012 for 10 weeks. Class includes Anatomy, Physiology, Kinesiology, and requirements for State Board Exam.

Call Kumu Haunani Hopkins,(808) 324- 7202 or email: mapunawaiola@msn.com

See www.honulomilomi.com for more information.

Mahalo for your patience.

Reminder that your annual membership dues are your kuleana (responsibility).

Please send in your dues on a timely basis to Hawaiian Lomilomi Association,

POBOX 2356, Kealahou, HI 96750